## Grams and Kilograms

In this lesson you will need a bathroom scale that measures weight in kilograms (abbreviated kg).

The scale on the right is showing 22 kg .


You will also need a kitchen scale that measures in grams. A gram is a very small unit of weight. A gram is abbreviated with " g ".

A thousand grams make one kilogram ( 1 kg ): $1,000 \mathrm{~g}=1 \mathrm{~kg}$.


Look carefully at the kitchen scale. The numbers $0,1,2,3$, and 4 on this scale refer to the whole kilograms.
In between each two numbers there are four little lines. They divide each kilogram into five parts. This means that each little line marks a 200 -gram increment.
$(200 \mathrm{~g}+200 \mathrm{~g}+200 \mathrm{~g}+200 \mathrm{~g}+200 \mathrm{~g}=1,000 \mathrm{~g}=1 \mathrm{~kg}$.
The first little line after the $0-\mathrm{kg}$ mark means 200 g . The next little line means 400 g , the next one 600 g , and so on. Each time, one little line more means 200 g more.

1. Write the amount of kilograms and grams that the scales are showing.

| a. $\underline{2} \mathrm{~kg} \underline{200} \mathrm{~g}$ | b. $\qquad$ kg $\qquad$ g | $\qquad$ kg $\qquad$ g |
| :---: | :---: | :---: |
| d. $\qquad$ kg $\qquad$ g | e. $\qquad$ kg $\qquad$ g | f. $\qquad$ kg $\qquad$ g |

## Sample worksheet from

